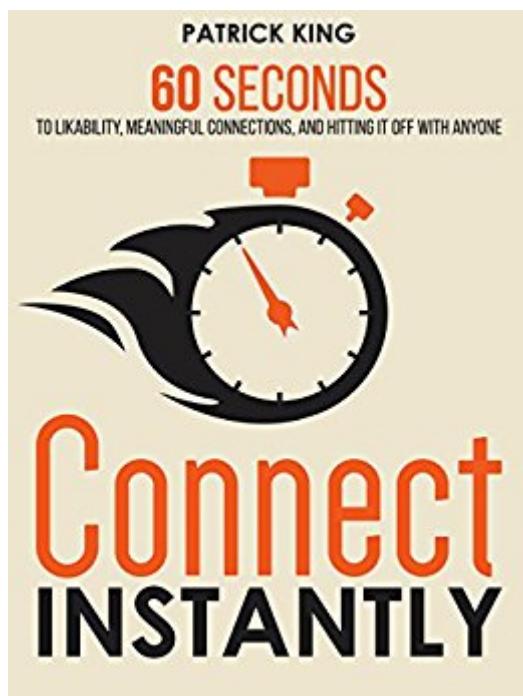


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# Connect Instantly: 60 Seconds To Likability, Meaningful Connections, And Hitting It Off With Anyone



## Synopsis

Create a bulletproof first impression and turn strangers into lasting relationships. Beat surface level small talk and truly connect. You've seen them – “people who have the ability to walk into a room of strangers, instantly befriend everyone, and leave with 20 new contacts in their phone. What makes people open up, engage, and connect with them? They've mastered the first 60 seconds of any interaction. Learn the subtle signs people actually pay attention to. Connect Instantly is about breaking through the ice with anyone and setting the stage for friendships and relationships where there doesn't appear to be anything in common. The first 60 seconds makes or breaks you and is the inspection you must always pass. You'll learn what people are really judging and evaluating you on when you first meet them, and what makes them feel comfortable in the way they do with old friends. Network your way anywhere, anytime. This book is filled with examples, exact phrases to use, and illustrative exercises. It focuses on what to actually do when you find yourself meeting new people, what to say, and how to react and respond to them. The author of Connect Instantly, Patrick King, is a highly sought-after social skills coach, internationally bestselling author, and has been featured in GQ, Forbes, Men's Fitness, and Huffington Post: advice from a practitioner and coach and former social recluse. Learn to escape idle chit-chat and hit it off with anyone. • Three mindsets to get deep and personal quickly. • How to connect by speaking people's specific language. • How to be positive without being cheesy or fake. • Why making someone an “expert” makes them love you. We live in a world of snap judgments – take advantage of it. • Foolproof ways to find similarities and common interests. • Cues to analyze and read people accurately. • How to appear genuine right off the bat. Rarely do we get second chances in life. People don't have the time or interest to give you second chances. They'll move on without giving you the benefit of the doubt. Mastering your first impressions will open your world up. Old friends will want to see you more, and you will generate new friends everywhere you go. You'll be first in line for every business opportunity because people will assume the best of you. You'll always be attractive to the opposite sex because of that impression. Relationships are key to happiness and life fulfillment, and you are making sure you have as many as you wish. Take advantage of all of your opportunities by clicking the BUY NOW button at the top of this page.

## Book Information

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## **Customer Reviews**

Great

A+ Great book for great price. Thanks for the enriching read.

great book! explained and give tips about how you connect people very quickly.and also how to having a good conversation with others. this book will really helps to the people who are slow sometimes to the person they are talking. sometimes having a slow connection to other people you will be avoided or out of place on the topic this book is highly recommend to others.

Good book, good tips to try. Simple, clear information. I was expecting more examples. Left me with a need for deeper insight.

I really, really liked the principle of connecting by design. Connect Instantly contains many nuggets of gold. It basically states that we are going from place to place just hoping for a spark of connection or chemistry. We want all our friendships to occur "naturally and organically" and while that would be great, that's not how the real world works. The world works because people put in intentional effort and connect by design if they want the social life they imagine. That's the dirty truth we want

to avoid because it's tough and it requires effort, and it requires putting yourself out on a limb occasionally. But, and this reminds me of books on dating I've read, you can't just wait for people to come up to you and openly flirt. You have to take it into your own hands and make it happen, and you are doing everyone a favor. Now that I think about it, that applies to every aspect of life! Haha!

Simple and straight forward. No fluff just plain good advice you can use today. If you quickly need to get better at networking and connecting then I suggest you get this book. Get the audio as well so that you can review using your phone just before you go into an event.

Extremely solid advice and perspective on first impressions and connecting with people, old friends and new strangers. One of the better books I have read on the topic, and I have read A LOT of books on this topic. Why? I'm not socially awkward or weird, at least I think I'm not. Connecting with people is just a skill I believe is extremely important in life so I like to keep brushing up on it, just like any other skill, you gotta use it or lose it. Highly recommended if you like Carnegie, Cain, and the rest of the gang.

I'm autistic. I come across poorly to other humans. I was hoping for much clearer and more specific information in this book i.e. immediately actionable items. Suggestion like the following do not help me: "ask five of your friends to reach into their memory banks and recall their first impression of you in the form of adjectives . . . After you've gotten the list of adjectives, park yourself in front of a mirror and practice the facial expressions, tones of voice, and body language that correspond to these adjectives. For example, if somebody said you were odd and unapproachable, look in the mirror and figure out what kind of facial expressions, mannerisms, tone of voice, and body language are appropriate. The point of this exercise is to be aware of the non-verbal and verbal signals you are sending out. You can fine-tune and avoid the negative signals, and you can practice and emphasize the positive signals. Making a remarkable first impression has never been so easy." OK, 1) I do not have 5 friends and 2) If I knew what expressions went with different adjectives I wouldn't have a problem in the first place. How the hell do I practice not looking "odd"? However other advice was more useful, such as hold eye contact with people only 50% of the time when you are speaking, compared to 80% when you are listening. Also the four phrases of emotional validation are something practical I can put into effect right away. I did get some value from the book, but much of it was filler, and I found it overpriced for the content.

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